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# Everyone Cooks... Men, Too

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Everyone Cooks . . .

# Men, Too

*by Mary Odegard*

*Technical Journalism Junior*

"MY PIECRUST didn't turn out right," comes a deep masculine voice from the Institution Tearoom kitchen in the Home Economics Building. The voice belongs to one of the many non-home economics majors, both male and female, who take Group Foods Service each spring quarter. This course, listed as Institution Management 280, is the only foods elective offered and requires no prerequisites.

As the name implies, the object of the class is to give basic training in meeting the food needs of large groups. For this reason classes often include house-mothers learning how to plan better balanced meals for their houses, and boys working as stewards in fraternities, as well as students in agriculture, forestry and science who just want to learn to cook. Since most of the students have definite ideas on what they'd like to learn, Miss Carolyn Cason, who teaches the course, plans the classwork around the things in which they are most interested.

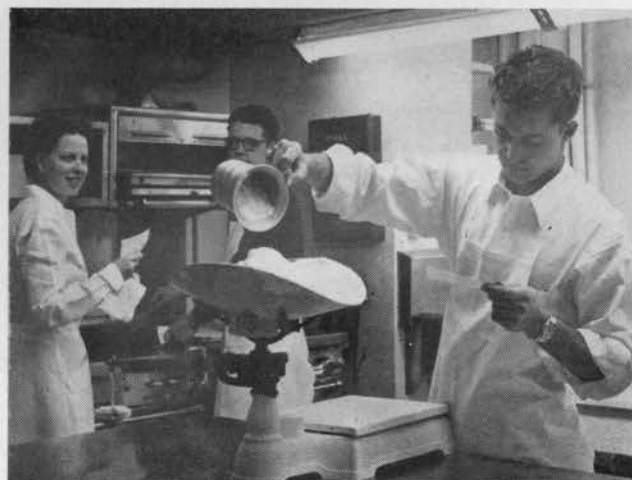
### *Forester plans menu*

One forestry student chose as a project to plan a meal for forest-fire fighters, going into such details as how foodstuffs and equipment would be transported into the area, and how to prepare and serve it to the workers efficiently.

For the three complete meals which are served during the quarter, the class members plan the menus, buy the food, organize their work and finally serve the food in proper style. Some material on nutrition is included in the course so they will be able to plan balanced menus. The high point of the quarter is a picnic to which class members bring their dates. Last year's bill of fare included fried chicken, hot potato

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Measuring flour is an Institution Management 280 student who is learning to plan for the food needs of large groups. Miss Carolyn Cason, instructor of this food elective for non-home economics majors, watches him.



## Men, Too—

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salad, rolls and cherry pie a la mode—all, including the ice cream, prepared by the students.

When asked if boys were rather awkward in preparing food, Miss Cason replied, "Actually they are often more careful cooks than the girls, though naturally not as advanced in techniques. They always seem to have a good time," she added. Miss Cason is especially interested in teaching those taking the course to be objective critics of when a food product is well prepared, rather than judging it by individual likes and dislikes.

Boys who have taken the course are modest but enthusiastic over their cooking skills. One of them, when asked to name his worst cooking faux pas of the quarter, could remember only one instance when he put two "doses" of salt in the beans. In general, class members feel they learn to better appreciate properly prepared food; and, as one boy put it, "I'll appreciate my wife's cooking."



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# SOLVED

## Home Economics Mystery

by Marilyn Bergeson

Technical Journalism Senior

THERE'S an honest-to-goodness mystery on the Iowa State campus. If traditions hold true, there will be students varying from fraternity pledges to *Daily* reporters asking the new home economics dean, "What's in the cornerstone of the Home Economics Building?"

### The answer

Dean LeBaron knows the answer, and so do we. On May 9, 1925, the cornerstone was laid, and in it a strong box was concealed "so as to preserve its contents for all time—a few choice records which will give to those who open it, possibly some 2,000 years to come, a conception of Iowa State College life in 1925," said the Dean of Home Economics then.

In the strong box were placed four daily newspapers, the *Ames Tribune*, *Chicago Tribune*, *Des Moines Register* and *Des Moines Capital*. Several home economics bulletins were also enclosed.

College catalogs of 1924 and 1925, the *Iowa Homemaker*, *Ames Alumnus* and the *Iowa State Student*, which is now the *Daily*, were a part of Iowa State's recorded history which was put into the cornerstone.

### Pictures, too

To give future finders a visual glimpse of the people and college life of 1925, pictures were added to the strong-box collection. Those used included a book of campus scenes, a picture of Dean MacKay, first head of the home economics division, an all-college picture, the new Home Economics Building in the process of construction and children in the home management houses.

After the laying of the cornerstone with its concealed records of history, a faculty member explained, "This box of records is physical, but it contains symbolically much more. It contains material from which cornerstones of great institutions must always be made—the hopes and dreams of the founders and the work of students and faculty."